



TOUCH KAILASH TRAVELS AND TOURS

KAILASH HELICOPTER LUCKNOW – 09 NIGHTS/ 10 DAYS

Route: Lucknow – Nepalgunj- Simikot - Kailash - Lucknow

Duration: 10 Days

Hotel: 3 Star Hotel in Available places and Guest House in Tibet Region

Trip Note: This itinerary is based on Indian Passport in case of Foreign Passport other than Indian; they must reach at Kathmandu 4 working days prior to tour date start date for Visa Process and the extra day's accommodation is not included in this package.

Trip Overview

A satisfying religious tour around the foothill of the holy Mt. Kailash in the Kailash Yatra by helicopter with the team that will enlighten you with peace and tranquillity. You will feel lighter, free of sins and closer to the Lord through this helicopter tour.

Then, we will fly to the city of Nepalgunj and the villages of Simikot, Hilsa and then to Taklakot. We will start our drive to Manasarovar then to Darchen, Derapuk and Zuthulpuk. Major attractions of this trek are Mt.Kailash, Lake Manasarovar, Lake Rakshas, Tarboche and Dolma La Pass. The Kailash Heli Tour needs medium level of fitness.

Highlights

Day visit of UNESCO Historical & Pilgrimage sites in Kathmandu valley. Biggest and famous Lake Manasarovar

3 days trekking around of mount Kailash by crossing 6714m Dolma La pass

Exploration typical life style of nomad peoples and roof of the world



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DETAIL ITINERARY – DAY TO DAY

DAY: 1 - LUCKNOW ARRIVAL THEN DRIVES TO NEPALGUNJ

Upon arrival in Lucknow. We take a road journey of presumably 225 km to reach Nepalgunj. As the highway is under construction it may take of at least 5 hours to reach there, which is a Significantly long duration. After reaching Nepalgunj, we check into hotel, and freshen up. The rest of the day is Leisure time for the pilgrims to rest for the next day or visit local point of interests in Nepalgunj.

DAY: 2 - FLIGHT FROM NEPALGUNJ TO SIMIKOT FROM SIMIKOT TO HILSA AND DRIVE TO TAKLAKOT (B, L, DPURANG HOTEL OR SIMILAR)

Early morning flight to the village of Simikot takes us about an hour. Today, we will acclimatize for the day to prevent Acute Mountain Sickness. Simikot is the headquarters of Humla district and is also one of the remote villages of Nepal cut off from the rest of the villages as the place lies in a very remote place. Here, we will explore the Tibetan influenced culture, tradition and lifestyle of the local people of the village. Here, we can stroll around the edge to find a small temple dedicated to Lord Shiva. From here, we will be able to see the HumlaKarnali River and also the Kalikot stone and some 6000 meters high peak. A chartered chopper will take us to the bordering village of Hilsa where the Karnali crosses from the Tibetan Plateau into the mountain regions on its descent to the Ganges. There, we will finish the immigration process and drive to the village of Taklakot which is 56 kilometres up the Karnali. Overnight in Taklakot.

DAY: 3 - REST DAY (B,L,D PURANG HOTEL OR SIMILAR)

Burang Town, also called ‘Taklakot’ in Nepal, is an ancient trading post which was believed to be the abode of the incarnation of Buddha, Sudhana. Today, we will stroll around the village of Taklakot. We will learn about the culture and tradition of the village during the stay. Overnight at Taklakot

DAY: 4 - DRIVE FROM TAKLAKOT TO MANASAROVAR (B,L,D ASHRAM GUEST OR SIMILAR)

After having breakfast, we will be driving to one of the holiest lake of Manasarovar, sitting still at the height of 4560 meters above sea level. Before reaching the lake of Manasarovar, we will stop at the Rakshastal to admire its tranquil beauty. The lake is also called the ‘lake of the demon’ and ‘Ravana Tal’ as it is thought to be created by Ravana to garner superpowers through devotion and meditation of Lord Shiva. The lake contains alt water and is thought to be poisonous by the locals. From there, we will move towards the ‘sun’ shaped lake of Manasarovar. We will drive around the Manasarovar Kora while the lunch is being prepared.



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The Kora is said to be a pilgrimage route around a sacred temple, a mountain or a lake. Overnight in Manasarovar.

DAY: 5 - EXPLORE MANASAROVAR AND DRIVE TO DARCHEN (B,L,D HIMALAYA HOTEL OR SIMILAR)

Today, we will get into our religious outfit and mood and explore the lake of Mansarovar. We will perform some rituals at the bank of the lake. We will view the glorious Mt. Kailash and travel to Darchen to prepare for our Kailash Kora the next day. Darchen, previously known as Lhara, is a small village situated right in front of the sacred mountain, Mt. Kailash. It is the starting point for the pilgrimages in the region. Overnight in Darchen.

DAY: 6 - KAILASH KORA AND DERAPUK (B,L,D GUEST HOUSE)

After breakfast, we will drive to Tarboche which is approximately 4 kilometres from Darchen. Tarboche is covered with prayer flags. The most important annual festival, Saga Dawa is held here in Tarboche. There's a place called the Yamadwar in Tarboche which means 'the gateway of the god of death' in Indian language. It is the internal point of moving around the Mt. Kailash. It takes 4 to 5 hours of walking to arrive in Derapuk, the north face of Kailash. We will be able to see beautiful views of the Gurla Mandata, Ape, Kamet and other high peaks. Overnight in Derapuk.

DAY: 7 - KAILASH KORA 2ND DAY AND ZUTHULPUK (B,L,D GUEST HOUSE)

The hardest and longest walk up and down through the Dolma La Pass to arrive at the village of Zuthulpuk. After having an early breakfast, we will head off east to cross the Lha-chu by a bridge and reach the Dolma La village. An hour after that, we will be walking along the valley of Jarok Donkhang from where we will be heading towards the Shiva-tsal, where pilgrims are supposed to undergo a symbolic death just to be reborn again after arriving at the top of the Dolma La Pass. Up and up all the way to find a great cubic rock 'Dolma Do' that marks the top of the Dolma La Pass. The local people follow some rituals to have their sins forgiven. Rest for about an hour to start on a steep descent downwards. An hour descend through snowfield will take us to the banks of the Lham-chu Khir. Along the way, we will be able to find the Buddha's footprints. Along the southern part of the Lham-chu Khir comes the Khando Sangam La which provides the only eastern face of the Mt. Kailash. After some time, you will be finding yourself in a grassy land in an Indian camp. 10 minutes walk from the camp will take us to the village of Zuthulpuk. The place got its name from the famous cave of Zuthulpuk also known as the miracle cave. Overnight at tea house.



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DAY: 8 - ZUTHULPUK TO HILSA (B,L,D GUEST HOUSE)

After an early breakfast, we will be walking for about two hours to board our vehicle which will then transfer us to the Nepalese border. In between the drive, we will stop at Darchen for lunch. We will finish all the immigration process and walk up to the bordering village of Hilsa. Overnight in Hilsa

DAY: 9 - FLY TO SIMIKOT TO NEPALGUNJ AND OVERNIGHT STAY.

After breakfast early in the morning, we will take a flight to the village of Simikot. Again, after arriving at Simikot, we will fly towards one of the biggest cities of Nepal, Nepalgunj. Overnight at hotel.

DAY: 10 – FLY BACK TO YOUR RESPECTIVE CITIES

Our representative will take you to the international airport of Nepal for your departure

***Kora is a Tibetan word which means Circumambulation (Pradakshina or Parikrama) of Mt.Kailash**

***B,L,D means Breakfast, Lunch & Dinner**

Cost Includes

Transportation

All ground transportation by private vehicle

Lucknow - Nepalgunj- Simikot- Lucknow By Vehicle/flight/Helicopter

Airport Pick up and drop off by private vehicle

Meal

Breakfast, Lunch and Dinner included (Veg only)

Enough Drinking water included

Accommodation

Mention in the itinerary in the basis twin sharing in Nepal and Tibet and group sharing in Kailash Region.



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Visas & Permit

Hilsa Permit / Tibet Visa & Permit Included
All necessary entrance fees in Nepal and Tibet
Special Kailash Manasarovar Permit
Applicable entrance fees to visit Monasteries and temples

Guide, Staffs & supporters

Nepali Guide and Tibetan Guide
Nepali Crew members in Kailash Region
Equipment

Medical kits

Enough oxygen cylinders
Gamow Bags & Other necessary equipment

Clothing

Down Jacket non refundable basis
Monkey hat/ Day pack bag/ Duffel bag

Cost Exclude

***Flight Ticket To and fro till Lucknow**

Extra nights stayed due to bad weather, natural calamities, early arrivals, etc.
Emergency evacuations/Rescue expenses, if required.
Expenses of personal nature
Personal horse and Helper during Kailash round/ Parikrama
Travel & Medical Insurance Permissions and other official formalities



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Cancellation Policy

Once we received your notice for cancellation in written, following cancellation rules will apply:
If cancelled less than 30 days prior to departure due to client's personal problems, all previously paid amount(s) will be forfeited
If cancelled between 30 - 90 days prior to departure, 75% of your payment will be refund
Except the non-refundable deposit and GST will be calculated.

If cancelled more than 90 days prior to your departure date, your full payment will be refund except the non-refundable deposit INR 30,000.00 per person and GST will be calculated.
Further, other T & C as per booking policy will follow.

Important Note:

1. Age

- Participants must be between 18 and 70 years of age.
- Those below the age of 18 must either be accompanied by a parent/guardian or a consent form need to be signed by them.

2. Medical

- Be physically and mentally fit.
- Please note that this trek is not advised for pregnant women and those suffering from chronic health problems, like epilepsy, heart ailments, uncontrolled BP, diabetes, cancer, asthma, psychological problems, physical disabilities and obesity.

3. Passport

- A valid passport is needed with a minimum validity of 180 days from the last date of the sojourn.
Please note that diplomatic passports are not allowed.
- PIO/OCI or any other ID cards are not accepted in Tibet.



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4. Visa Process

- Indian Passport holders do not require a visa for Nepal.

The Tibet permit and visa for everyone will be organized by Touch Kailash. To facilitate this, your original passport is required at New Delhi, well in advance prior to the departure date. The actual date and details will be confirmed based on the group you choose to travel with us.

Visa Process for NRI

Indian nationals do not require a visa for Nepal

Foreign nationals will require a 15 days multiple entry visa for Nepal which can be availed on arrival at Kathmandu airport, Nepal. A visa fee of \$25 is payable along with two passport size photos. Visa for Tibet will be organized by Touch Kailash. To facilitate this, original passport of Indian Nationals is required well in advance prior to the departure date. Details will be sent upon registration. For Non-Indian Nationals, Tibet visa will be organized in Kathmandu 4 days prior to the departure. Request the NRI to be in Kathmandu for the visa process.

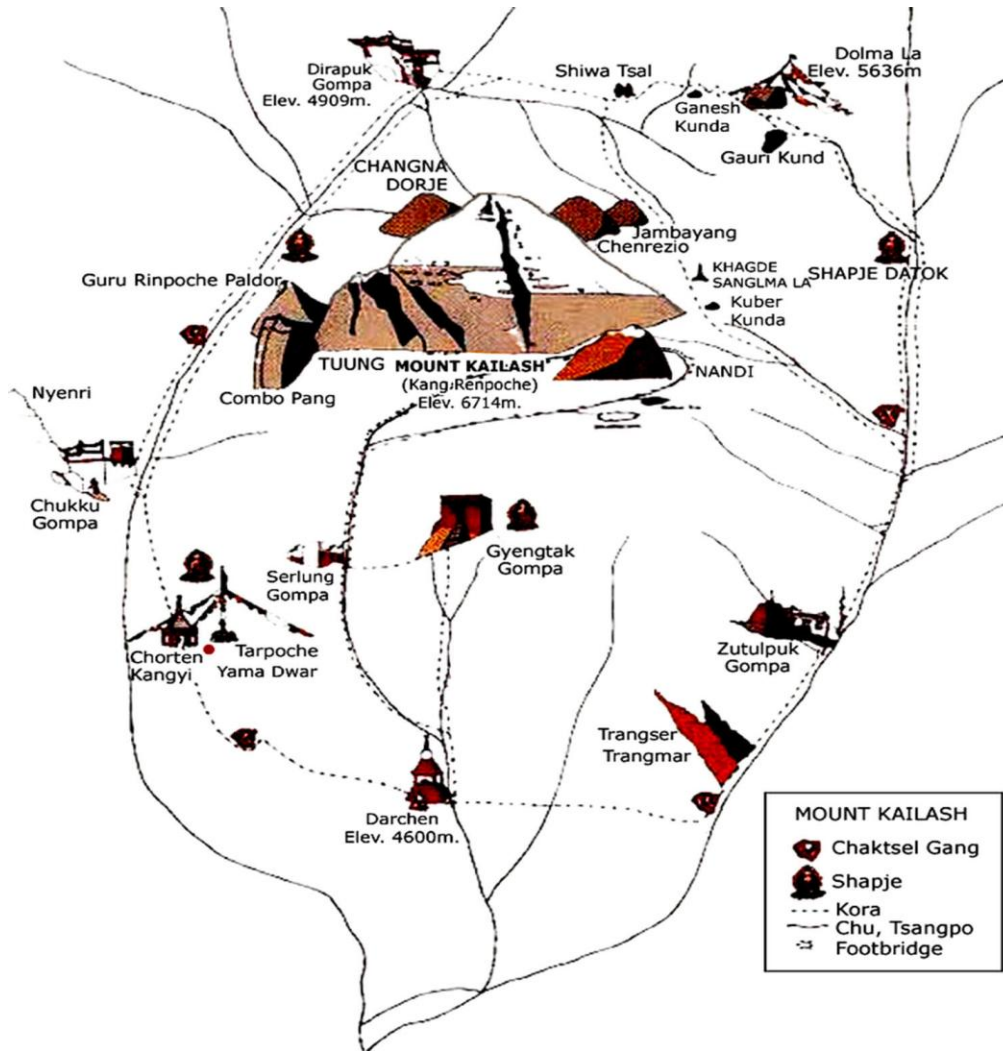
Important Links

www.touchkailash.in



TOUCH KAILASH TRAVELS AND TOURS

KAILASH MANSAROVAR YATRA MAP



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